

POWER PLATE® REV

REVOLUTIONIZE YOUR WORKOUT

An Unparalleled Exercise Experience. Press the Lever and Unleash the Power of Vibration and your Innate Potential.

Inspired by elite cyclists of Paris-Roubaix, this game-changing product is the first of its kind to be integrated into fitness training. The concept is simple: vibration, when applied to riding has been proven to drive significantly more muscle activation, increased oxygen uptake and greater calorie burn than traditional exercise*. This type of training has never been possible until now.



Accelerates and Maximizes Results



Six Levels of Resistance



Built-In Heart Rate Calculator



Intuitive Digital Display



Equipped with VibeShift™ Technology

PATENT PENDING

VIBESHIFT™ TECHNOLOGY

The Power Plate® REV™, may look familiar, but it is far from ordinary. VibeShift™ Technology (patent-pending) delivers consistent, safe, precise and predictable effective vibration through the pedals - a press of the lever shifts the mode from standard to full-on vibration.

Accelerations in this mode deliver maximum cardio, strength and wellness benefits in a minimum amount of time while providing increased muscle activation.

*compared to training without vibration.





Power Plate® REV™ Features

Matte Black Standard: 71-REV-3900
 Matte Black Extended Height: 71-REV-3990

Color (Standard)	Matte Black	
Pedals	Dual-sided, SPD and toe cage	
Seat and Handlebar Adjustment	Vertical and Fore-Aft	
Flywheel	Rear, Aluminum	
Drive & Vibration System	Belt Drive with VibeShift™ Technology	
Display	LED - Heart Rate (Real & Avg.), RPM (Real & Avg.), Speed, Watts (Real & Avg.), Distance, Calories, Resistance Level, Vibration (on/off) Elapsed Time, Bluetooth Indicator	
Display Power	Rechargeable Battery or External Power Supply	
Maximum User Weight	330 lbs / 150 kg	
Dimensions (W x D)	23.8" W x 53.9" (60.5cm W x 137cm D)	
Minimum Seat Height	Standard REV: Approx. 36.3in / 92cm	Extended Height REV: Approx. 37.8in / 96cm
Maximum Seat Height	Standard REV: Approx. 41.2in / 104.5cm	Extended Height REV: Approx. 42.9in / 109cm
Handlebar Height	Minimum: 44.9in / 114cm Maximum: 47.3in / 120cm	
Weight (With Packaging)	143.3 lbs / 65 kg	
Weight (Without Packaging)	121.2 lbs / 55.0 kg	
User Height	Suitable for users between approx. 61in & 84.6in / 155cm & 215cm	
Warranty	Frame & Gearbox/Mechanical - 2 years, Display - 1 year, Wear Parts - 6 Months	

Optional Accessories

Media Holder	Smart Phone and Tablet Compatible
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REV0123 (Direct)



For training tips, workouts and even more ways to get the most out of our products, download the Power Plate App.



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